

January 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>GARRETT WOODS A Senior Living Community</p>	<p>1 NEW YEARS !!! <u>9:30-Exercise (A)</u> <u>10:00-Bean Bag Game (A)</u> <u>1:00-Bowling (A)</u> <u>3:00- Food Service Group w/ Bre</u> <u>6:30-Skip-Bo (L)</u></p>	<p>2 CREAM PUFF DAY! <u>9:30-Exercise (A)</u> <u>10:00-Walking</u> <u>10:30-Connect Games (A)</u> <u>2:00-FM Bingo!! (A)</u> <u>7:00-Dime & FM Bingo! (A)</u></p>	<p>3 <u>9:30-Exercise (A)</u> <u>10:00-Chair Yoga !(A)</u> <u>1:00-Bowling (A)</u> <u>3:15-Jeopardy! (A)</u> <u>6:30-Cards (L)</u></p>	<p>4 <u>9:30-Exercise (A)</u> <u>10:00-Line Dancing (A)</u> <u>2:00-FM Bingo!! (A)</u> <u>3:00- Bible Study w/ Robert (G)</u> <u>6:30-Dime & FM Bingo</u></p>	<p>5 <u>9:30-Exercise (A)</u> <u>10:00-Bean Bag Game (A)</u> <u>2:00-Tommy Stanco – Music! (A)</u> <u>6:30-Dominos! (L)</u></p>	<p>6 <u>8:45-Worship Team (A)</u> <u>10:30-Coffee & Chat (A)</u> <u>1:00-Bowling (A)</u> <u>2:00-Spite & Malice (L)</u> <u>6:30-Dime & FM Bingo</u></p>
	<p>7 <u>9:00-Church Live TV (A)</u> <u>10:00-Walking– Sign Elevator Sheet!</u> <u>11:00-Church Live TV (A)</u> <u>1:00Bowling (A)</u> <u>6:30- Cards (L)</u></p>	<p>8 ENGLISH TOFFEE DAY!!! <u>9:30-Exercise (A)</u> <u>10:00-Bean Bag Game (A)</u> <u>1:00-Bowling (A)</u> <u>3:00-IL&AL Resident Council Meeting! (A)</u> <u>6:30-Skip-Bo (L)</u></p>	<p>10 <u>9:30-Exercise (A)</u> <u>10:00-Chair Yoga! (A)</u> <u>1:00-Bowling (A)</u> <u>3:15-Trivia!! (A)</u> <u>6:30-Cards (L)</u></p>	<p>11 <u>9:30-Exercise (A)</u> <u>10:00-Cardio Bands (A)</u> <u>2:00-FM Bingo!! (A)</u> <u>3:00- Bible Study w/ Robert (G)</u> <u>6:30-Dime & FM Bingo</u></p>	<p>12 <u>9:30-Exercise (A)</u> <u>10:00-Bean Bag Game (A)</u> <u>2:00-Resident BDay Party w/ Ken Goodman!! (A)</u> <u>6:30-Dominos (L)</u></p>	<p>13 <u>8:45-Worship Team (A)</u> <u>10:30-Coffee & Chat (A)</u> <u>1:00-Bowling (A)</u> <u>2:00-Spite & Malice (L)</u> <u>6:30-Dime & FM Bingo</u></p>
	<p>14 <u>9:00-Church Live TV (A)</u> <u>10:00-Walking– Sign Elevator Sheet!</u> <u>11:00-Church Live TV (A)</u> <u>1:00Bowling (A)</u> <u>6:30- Cards (L)</u></p>	<p>15 MLK DAY! <u>9:30-Exercise (A)</u> <u>10:00-Bean Bag Game (A)</u> <u>1:00-Bowling (A)</u> <u>6:30-Skip-Bo (L)</u></p>	<p>16 <u>9:30-Exercise (A)</u> <u>10:00-Walking</u> <u>10:30-Connect Games (A)</u> <u>2:00-FM Bingo!! (A)</u> <u>7:00-Dime & FM Bingo! (A)</u></p>	<p>17 <u>9:30-Exercise (A)</u> <u>10:00-Chair Yoga !(A)</u> <u>1:00-Bowling (A)</u> <u>3:15-Jeopardy! (A)</u> <u>6:30-Cards (L)</u></p>	<p>18 <u>9:30-Exercise (A)</u> <u>10:00-Line Dancing! (A)</u> <u>2:00-FM Bingo!! (A)</u> <u>3:00- Bible Study w/ Robert (G)</u> <u>6:30-Dime & FM Bingo</u></p>	<p>19 <u>9:30-Exercise (A)</u> <u>10:00-Bean Bag Game (A)</u> <u>3:00- Shopping w/Tina! (O)</u> <u>6:30-Dominos (L)</u></p>
	<p>21 <u>9:00-Church Live TV (A)</u> <u>10:00-Walking– Sign Elevator Sheet!</u> <u>11:00-Church Live TV (A)</u> <u>1:00Bowling (A)</u> <u>6:30- Cards (L)</u></p>	<p>22 BLONDE BROWNIE !!! <u>9:30-Exercise (A)</u> <u>10:00-Bean Bag Game (A)</u> <u>1:00-Bowling (A)</u> <u>2:00-Elite HH– Fall Screening (A)</u> <u>6:30-Skip-Bo (L)</u></p>	<p>23 <u>9:30-Exercise (A)</u> <u>10:00-Walking</u> <u>10:30-Connect Games (A)</u> <u>2:00-FM Bingo!! (A)</u> <u>7:00-Dime & FM Bingo! (A)</u></p>	<p>24 <u>9:30-Exercise (A)</u> <u>10:00-Chair Yoga! (A)</u> <u>1:00-Bowling (A)</u> <u>3:15-Trivia!! (A)</u> <u>6:30-Cards (L)</u></p>	<p>25 <u>9:30-Exercise (A)</u> <u>10:00-Cardio Bands! (A)</u> <u>2:00-FM Bingo!! (A)</u> <u>3:00- Bible Study w/ Robert (G)</u> <u>6:30-Dime & FM Bingo</u></p>	<p>26 <u>9:30-Exercise (A)</u> <u>10:00-Bean Bag Game (A)</u> <u>2:00-Ken Blair –Music! (A)</u> <u>6:30-Dominos! (L)</u></p>
	<p>28 <u>9:00-Church Live TV (A)</u> <u>10:00-Walking– Sign Elevator Sheet!</u> <u>11:00-Church Live TV (A)</u> <u>1:00Bowling (A)</u> <u>6:30- Cards (L)</u></p>	<p>29 CARNATION DAY!!! <u>9:30-Exercise (A)</u> <u>10:00-Bean Bag Game (A)</u> <u>1:00-Bowling (A)</u> <u>6:30-Skip-Bo (L)</u></p>	<p>30 <u>9:30-Exercise (A)</u> <u>10:00-Walking</u> <u>10:30-Connect Games (A)</u> <u>2:00-FM Bingo!! (A)</u> <u>7:00-Dime & FM Bingo!</u></p>	<p>31 <u>9:30-Exercise (A)</u> <u>10:00-Chair Yoga !(A)</u> <u>1:00-Bowling (A)</u> <u>3:15-Jeopardy! (A)</u> <u>6:30-Cards (L)</u></p>	<p><u>Room Key (A)- Activities Room-1st Floor</u> <u>(L)- Library-2nd Floor</u> <u>(G)- Game Room-3rd Floor</u> <u>Green-New Activity!!</u></p>	<p>27 <u>8:45-Worship Team (A)</u> <u>10:30-Coffee & Chat (A)</u> <u>1:00-Bowling (A)</u> <u>2:00-Spite & Malice (L)</u> <u>6:30-Dime & FM Bingo</u></p>
					<p><u>Exercise has been moved up to 9:30. If this does not work for everyone then we will move it back to 10:00.</u></p>	<p><u>Funny Money Auctions will be held every other month.</u></p>