



November 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<u>Room Key</u> <u>(A)- Activities Room-1st Floor</u> <u>(L)- Library-2nd Floor</u> <u>(G)- Game Room-3rd Floor</u>	<u>1</u> <u>10:00-Exercise (A)</u> <u>10:30-Chair Yoga! (A)</u> <u>1:00-Bowling (A)</u> <u>3:15-Jeopardy! (A)</u> <u>6:30-Cards (L)</u>	<u>2</u> <u>10:00-Exercise (A)</u> <u>10:30-Line Dancing (A)</u> <u>2:00-FM Bingo!! (A)</u> <u>3:15-Bible Study w/ Claire (G)</u> <u>6:30-Dime & FM Bingo (A)</u>	<u>3</u> <u>10:00-Exercise (A)</u> <u>10:30-Bean Bag Game (A)</u> <u>2:00- w/ Ken Blair!! (A)</u> <u>3:00-Shopping w/ Tina!</u> <u>6:30-Do10:00-Exercise (A)</u>	<u>4</u> <u>8:45-Praise Team (A)</u> <u>10:30-Coffee & Chat (A)</u> <u>1:00-Bowling (A)</u> <u>2:00-Spite & Malice (L)</u> <u>6:30-Dime & FM Bingo (A)</u>
<u>5</u> <u>9:00-Legacy Church Live TV (A)</u> <u>10:00-Walking- Sign Elevator Sheet!</u> <u>11:00-Legacy Church Live TV</u> <u>1:00Bowling (A)</u> <u>6:30- Cards (L)</u>	<u>6</u> <u>10:00-Exercise (A)</u> <u>10:30-Bean Bag Game (A)</u> <u>1:00-Bowling (A)</u> <u>6:30-Skip-Bo (L)</u>	<u>7</u> <u>10:00-Exercise (A)</u> <u>10:30-Walking</u> <u>2:00-FM Bingo!! (A)</u> <u>7:00-Dime & FM Bingo! (A)</u>	<u>8</u> <u>10:00-Exercise (A)</u> <u>10:30-Chair Yoga! (A)</u> <u>1:00-Bowling (A)</u> <u>3:15-Trivia! (A)</u> <u>6:30-Cards (L)</u>	<u>9</u> <u>10:00-Exercise (A)</u> <u>10:30-Cardio Bands (A)</u> <u>2:00-FM Bingo!! (A)</u> <u>3:15-Entertainment w/ Clarence Craig (A)</u> <u>6:30-Dime & FM Bingo</u>	<u>10</u> <u>10:00-Exercise (A)</u> <u>10:30-Bean Bag Game</u> <u>2:00- VETERANS DAY CELEBRATION !!! w/ Terry Thompson !! (A)</u>	<u>11</u> <u>8:45-Praise Team (A)</u> <u>10:30-Coffee & Chat (A)</u> <u>11:00-Poetry Reading (L)</u> <u>1:00-Bowling (A)</u> <u>2:00-Spite & Malice (L)</u> <u>6:30-Dime & FM Bingo</u>
<u>12</u> <u>9:00-Legacy Church Live TV (A)</u> <u>10:00-Walking- Sign Elevator Sheet!</u> <u>11:00-Legacy Church Live TV</u> <u>1:00Bowling (A)</u> <u>6:30- Cards (L)</u>	<u>13</u> <u>10:00-Exercise (A)</u> <u>10:30-Bean Bag Game (A)</u> <u>1:00-Bowling (A)</u> <u>3:00-IL&AL Resident Council Meeting! (A)</u> <u>6:30-Skip-Bo (L)</u>	<u>14</u> <u>10:00-Exercise (A)</u> <u>10:30-Walking</u> <u>11:00- Palliative Care 101 w/ Jamie! Door Prizes (A)</u> <u>2:00-FM Bingo!! (A)</u> <u>7:00-Dime & FM Bingo!</u>	<u>15</u> <u>10:00-Exercise (A)</u> <u>10:30-Chair Yoga! (A)</u> <u>1:00-Bowling (A)</u> <u>3:00- Doc on Piano! (A)</u> <u>6:30-Cards (L)</u>	<u>16</u> <u>10:00-Exercise (A)</u> <u>10:30-Chair Yoga! (A)</u> <u>2:00-FM Bingo!! (A)</u> <u>3:15-Bible Study w/ Lillian (G)</u> <u>6:30-Dime & FM Bingo</u>	<u>17</u> <u>10:00-Exercise (A)</u> <u>10:30-Bean Bag Game (A)</u> <u>2:00- Games w/Tina! (A)</u> <u>3:00-Shopping w/ Tina!</u>	<u>18</u> <u>8:45-Praise Team (A)</u> <u>10:30-Coffee & Chat (A)</u> <u>1:00-Bowling (A)</u> <u>2:00-Spite & Malice (L)</u> <u>6:30-Dime & FM Bingo (A)</u>
<u>19</u> <u>9:00-Legacy Church Live TV (A)</u> <u>10:00-Walking- Sign Elevator Sheet!</u> <u>11:00-Legacy Church Live TV</u> <u>1:00Bowling (A)</u> <u>6:30- Cards (L)</u>	<u>20</u> <u>10:00-Exercise (A)</u> <u>10:30-Bean Bag Game (A)</u> <u>1:00-Bowling (A)</u> <u>6:30-Skip-Bo (L)</u>	<u>21</u> <u>10:00-Exercise (A)</u> <u>10:30-Walking</u> <u>1:00- Coffee Bar w/ Brandy- Ark Hospice (A)</u> <u>2:00-FM Bingo!! (A)</u> <u>7:00-Dime & FM Bingo!</u>	<u>22</u> <u>10:00-Exercise (A)</u> <u>10:30-Chair Yoga! (A)</u> <u>1:00-Bowling (A)</u> <u>3:15-Jeopardy! (A)</u> <u>6:30-Cards (L)</u>	<u>23</u> NO ACTIVITIES! 	<u>24</u> <u>10:00-Exercise (A)</u> <u>10:30-Bean Bag Game</u> <u>2:00-Resident B-Day Party w/ Ron Hall!! (A)</u> <u>*Cake from Elite Home</u> <u>6:30-Dominos (L)</u>	<u>25</u> <u>8:45-Praise Team (A)</u> <u>10:30-Coffee & Chat (A)</u> <u>1:00-Bowling (A)</u> <u>2:00-Spite & Malice (L)</u> <u>6:30-Dime & FM Bingo (A)</u>
<u>26</u> <u>9:00-Legacy Church Live TV (A)</u> <u>10:00-Walking- Sign Elevator Sheet!</u> <u>11:00-Legacy Church Live TV</u> <u>1:00Bowling (A)</u> <u>6:30- Cards (L)</u>	<u>27</u> <u>10:00-Exercise (A)</u> <u>10:30-Bean Bag Game (A)</u> <u>1:00-Bowling (A)</u> <u>6:30-Skip-Bo (L)</u>	<u>28</u> <u>10:00-Exercise (A)</u> <u>10:30-Walking</u> <u>2:00-FM Bingo!! (A)</u> <u>7:00-Dime & FM Bingo! (A)</u>	<u>29</u> <u>10:00-Exercise (A)</u> <u>10:30-Chair Yoga! (A)</u> <u>1:00-Bowling (A)</u> <u>3:15-Trivia! (A)</u> <u>6:30-Cards (L)</u>	<u>30</u> <u>10:00-Exercise (A)</u> <u>10:30-Line Dancing (A)</u> <u>2:00-FM Bingo!! (A)</u> <u>6:30-Dime & FM Bingo (A)</u>	<p><i>“As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.”</i> <i>-John F. Kennedy</i></p>	